

Preschool Dep't amplifies teamwork

By: Naira Sali

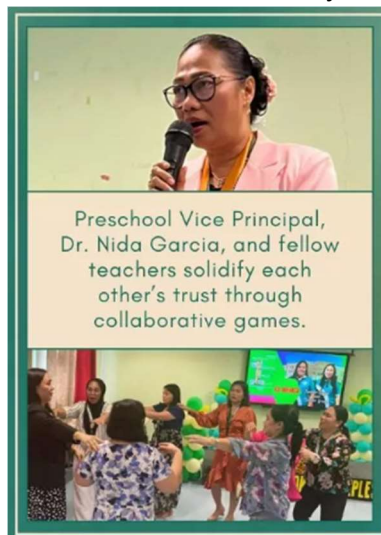
The Preschool Department initiated a discipleship training seminar for its faculty and staff with the theme: *'The Power of ONE (Overcoming Struggles, Nurturing Trust, and Empowering for Success)'* last September 4-5 at the Audio-Visual Room.



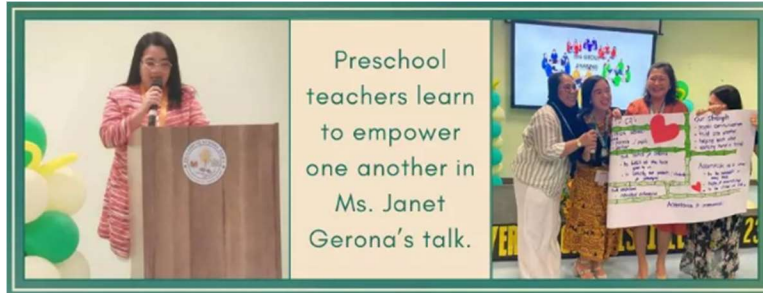
Highlighting the importance of self-awareness, K1 Teacher **Julie Inandan** invited the audience to an interactive activity which she later likened a glass of water to struggles and tissue paper to the strategies needed to solve them. She addressed that struggles are inevitable in a teacher's journey but one must remember that with every challenge comes a solution. Teacher Julie then enumerated ways to overcome struggles which aimed to instill optimism despite adversities.



Targeting the second objective of the lecture, **Dr. Nida Garcia**, Preschool Vice Principal, emphasized the importance of nurturing trust across relationships. She reminded the crowd that positive affirmations go a long way, especially in maintaining a healthy working environment. Dr. Garcia also highlighted that the key to collective improvement is mutual trust which is especially true for the Preschool Department, the host of this school year's events.



Furthermore, K1 Teacher **Janet Gerona** elaborated on the role of empowerment in the road to success. As she imparted her personal experience, she shared the steps she took along the way which helped her become a thriving teacher and entrepreneur. Through this, she set an example of how empowerment drives a person to success.



Discipleship seminars are one of the ways the Human Resources promotes professional development within the academic departments of Philippine School Doha.

