



DISCIPLINE DRIVE BOLSTERS SELF-ENRICHMENT
by Danica Pilapil

The Prefect of Discipline hosted a self-enrichment program with the theme, “The Value of Self-Discipline in the Face of the New Normal” attended by the Junior and Senior High School Students via Zoom held on August 18.

Mr. Clarenz Sarit M. Concepcion, a PSD alumnus and class valedictorian of Batch 2012 served as its resource speaker. Concepcion, a licensed Medical Technologist, is now a full-time college instructor at the University of Sto. Tomas, where he finished his Bachelor of Science and Medical Technology.

Interactive questions engaged the students as Concepcion focused on the struggles of students during the height of the pandemic. *“Developing self-discipline skills is not an easy task; it is a process that takes years to be honed and refined,”* he stated. He also covered the discussion of the value of school policies to enhance self-discipline.

Moreover, Concepcion inspired his audience to persevere like he did to use his experiences from his PSD days to his college struggles up until his current teaching post in his Alma Mater.

At the end of the program, the Question and Answer portion yielded some helpful information about having a positive mindset to gain discipline. Concepcion quoted John Maxwell,

"Motivation gets you going, but discipline keeps you growing."

as he wished his audience to back up perseverance with discipline to succeed in the future.

